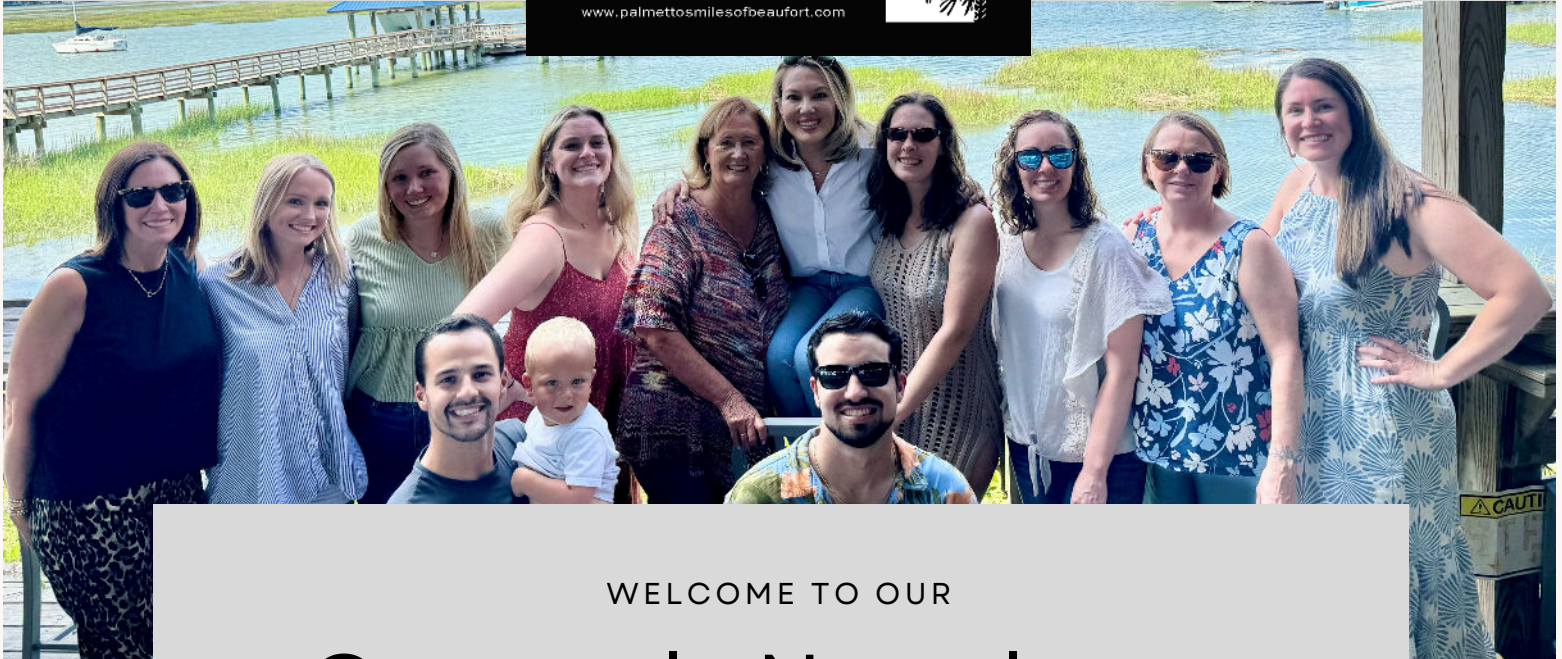


Palmetto Smiles  
OF BEAUFORT

Jennifer Wallace, DMD  
www.palmettosmilesofbeaufort.com



WELCOME TO OUR

# Quarterly Newsletter

## Bittersweet Day

We bid farewell to our amazing intern, Dom Monti. Dom has been an incredible asset to our team, always bringing enthusiasm, dedication, and a bright smile to the office. As he heads off to dental school to pursue his dream of becoming a dentist, we couldn't be prouder of him.



## Patient Referral Winner

Congratulations to our 2nd quarter patient referral contest winner! We hope you enjoy your new pizza oven. Thank you for your referrals and continued support!



In this newsletter you will find:

Latest news, upcoming promotions, and more. Keep Reading!

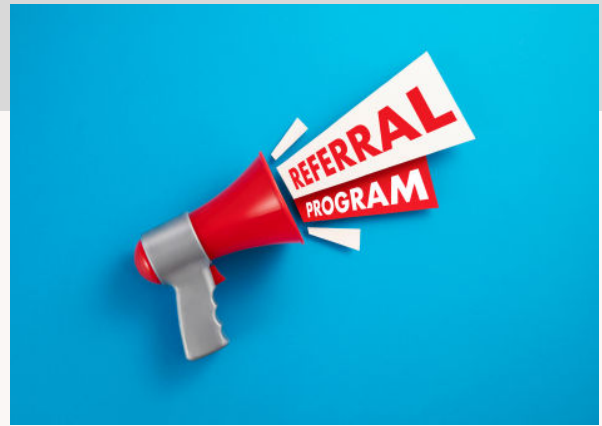


## Benefits of Fluoride Varnish

Fluoride varnish is a highly concentrated form of fluoride that is applied to the tooth's surface by a dental professional. It offers several benefits for dental health:

- 1. Cavity Prevention:** Fluoride varnish helps prevent cavities by strengthening tooth enamel and making it more resistant to acid attacks from bacteria and sugars in the mouth.
- 2. Remineralization:** It aids in the remineralization process of tooth enamel, repairing early stages of tooth decay and reversing demineralization.
- 3. Sensitive Teeth:** Fluoride varnish can help reduce tooth sensitivity by forming a protective layer over the enamel, blocking the pathways to nerves.
- 4. Quick and Easy Application:** The application process is quick, painless, and non-invasive, typically taking just a few minutes. It is especially beneficial for young children and individuals with special needs.
- 5. Long-lasting Effects:** Once applied, fluoride varnish adheres to the tooth surface and provides a prolonged release of fluoride, which continues to benefit the teeth over several months.
- 6. Safe for All Ages:** It is safe and effective for people of all ages, including young children, making it a versatile preventive treatment in dental care.
- 7. Cost-Effective:** Preventing cavities and the progression of dental decay with fluoride varnish can save on future dental treatment costs.

Overall, fluoride varnish is a beneficial preventive treatment that helps maintain oral health and prevent dental problems, making it a valuable tool in both pediatric and adult dentistry.



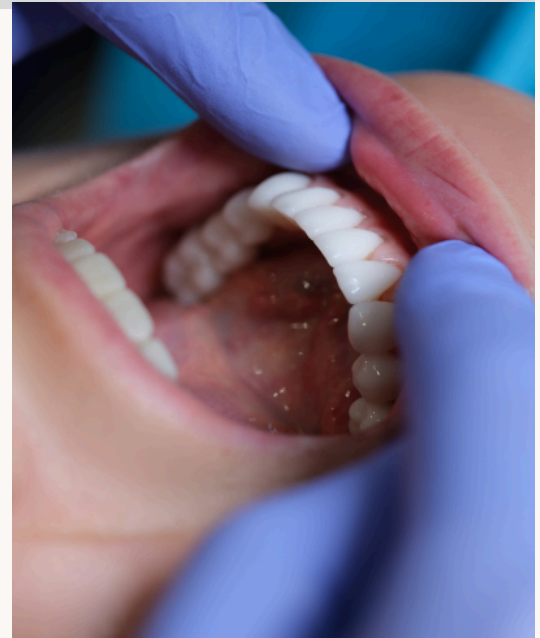
## New Patient Referral Contest

Refer a patient between June 21 - September 19 for your chance to win a cooler full of tailgating/party essentials!

## Oral Cancer in on the Rise

### IMPORTANCE OF ORAL CANCER SCREENING

Oral cancer is increasingly becoming a significant public health concern worldwide. Recent statistics reveal a troubling rise in the incidence of this disease, particularly among younger populations and non-smokers. This upward trend is alarming, necessitating a closer look at its causes, risk factors, and the vital role of early detection through regular oral cancer screening. Be sure to discuss with your hygienist and Dr. Wallace!



## Breathe New Life

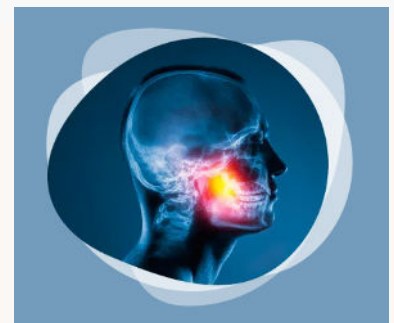
### VIVOS RECEIVES FIRST EVER FDA 510(K) CLEARANCE FOR ORAL DEVICE TREATMENT OF SEVERE OBSTRUCTIVE SLEEP APNEA

Vivos' removable CARE oral appliances represent a non-invasive alternative to CPAP for patients with severe OSA. The appliances gradually reposition the hard and soft tissues that define a patient's airway, thereby opening it up and optimizing its function and flow. The FDA-cleared suite of appliances includes the DNA oral appliance, mRNA oral appliance and mmRNA oral appliance.

Data submitted to the FDA showed treatment results were better in patients with severe OSA compared to mild-to-moderate OSA. The average treatment time was 9.7 months. According to the company's press release, this is the first time the FDA has granted an oral appliance clearance to treat moderate and severe OSA in adults, along with PAP and/or myofunctional therapy, as needed.



VIVOS<sup>®</sup>



## 3rd Quarter Transformation

CHECK OUT THIS BEFORE AND AFTER



Dr. Wallace works her magic once again! Witness another jaw-dropping transformation that will leave you smiling just as much as our incredible patient. Looks at the before and after pictures to see the remarkable journey of cosmetic crowns. If you are considering a transformation of your own, schedule a consultation today. Your dream smile may be closer than you think!

## Dr. Wallace's Summer Cocktail Recipe - Enjoy!



### Ingredients

- 3 sprigs of fresh tarragon some extra leaves for garnishing if desired
- 3 oz. Ruby Red grapefruit juice
- 2 oz. gin
- 1/2 oz. St. Germain elderflower liqueur
- 1 oz. simple syrup
- club soda
- grapefruit slices for garnishing if desired

### Instructions

1. Muddle the tarragon in a cocktail shaker. Fill the shaker with ice, grapefruit juice, gin, St. Germain and the simple syrup. Shake and strain into a tall glass (Collins glass) filled with ice. Top with club soda, a grapefruit slice and tarragon, if desired.
2. To make the simple syrup combine 1 cup sugar and 1 cup water in medium saucepan. Bring to a boil. Stir until all the sugar is dissolved. Let cool.